

# Morning Checklist:

I will screen my child for COVID-19 symptoms so we can keep everyone healthy at school.



- No fever (100.4° or higher) or chills for 24 hours without the use of fever-reducing medications
- No new uncontrolled cough that causes difficulty breathing
- No shortness of breath or difficulty breathing for 24 hours
- No sore throat for 24 hours
- No headache for 24 hours
- No muscle aches for 24 hours
- No nausea, vomiting or diarrhea for 24 hours
- No new loss of taste or smell
- No new runny nose or congestion
- No close contact with a person with COVID-19 in the last 14 days

[health.springfieldmo.gov/coronavirus](https://health.springfieldmo.gov/coronavirus)

