

## Information you NEED to know!!!

All 6th, 7th and 8th grade boys and girls interested in being a part of the Pershing Track Team should attend the opening day of practice on Monday, February 24th, 2025 from 4:15-5:00pm., followed by a short parent meeting at 5:00.

Practice will be from 4:15-5:30 for the first three weeks. Athletes **must be picked up on time.** After spring break practice will be before school at 7:00 a.m.

Each athlete must have a physical uploaded to Final Forms along with all other documents signed on Final Forms. The \$50.00 participation fee also needs to be paid. If you have already paid the fee this year for another sport, you do not need to pay this again. All of these items need to be completed by Feb 20th.



It is important for each athlete to start getting in shape early, before the season begins!

### What to wear?

Please wear gym shorts or sweats, a t-shirt or sweatshirt, and tennis shoes for the first day of practice. Layering is key to stay warm!

The school provides track sweats, jersey, and shorts for the meets. We will hand those out during the 2nd or 3rd week of practice.

Make sure you check out our merchandise store. The link will be provided on SPORTS YOU. You must get your order in before March 9th.

There are 9 meets including State.

**Not everyone will go to every meet.** Most SPS meets include 6th grade, but outside schools typically do not. There will also be two 6th grade only meets.

A February calendar will be handed out today, along with a track meet schedule. March, April and May will be handed out during the first day of practice, as well as a SPORTS YOU sign up sheet.

For an athlete to participate in track, he or she must maintain a passing grade in all classes, have a good attitude, exceptional behavior, and must work hard every day in practice. He or she must also follow the athletic guidelines set by Pershing Middle School. Athletes cannot participate in a meet until they have completed 14 practices.

### Important Dates

Feb 20th --All paperwork in

Feb 24th --First day of  
Practice

March 9th -- Track store closes

March 11th-- Pictures

March 27th --FIRST MEET!!!