PHELPS CENTER FOR GIFTED EDUCATION
WINGS 1st & 2nd Grade
Affective Education
Fall 2022

The goal of Affective Education is to acquire the knowledge and skills to make decisions, work with others, and act as responsible members of society. It focuses on developing **intrapersonal (heart)** and **interpersonal (courage)** competencies. We have based our curriculum on a framework created by researchers from the University of Kansas; more information about the framework can be found at www.cccframework.org The following schedule is subject to change based on student and class needs. Page 2 holds a list of the vocabulary we will be using throughout the year. It is important to reinforce this vocabulary at home with your child.

Week	Objective
1	Self-Awareness
2	Self-Regulation
3	Networking
4	Self-Efficacy
5	Conflict Management
6	Conflict Management
7	Empathy & Social Awareness
8	Communication & Social Awareness
9	Teamwork, Assertiveness, & Social Awareness
10	Adaptability, Teamwork, & Perseverance
11	Perseverance
12	Self-Care
13	Goal-Setting & Self-Regulation
14	Integrity
15	Initiative, Goal-Setting, & Networking
16	Self-Awareness

Intrapersonal Domain (Me, Myself, and I)		Interpersonal Domain (Myself and Others)	
Competency	*Definition*	*Competency*	*Definition*
Curiosity	showing interest in learning	Adaptability	being flexible with changing circumstances within your environment
Goal Setting	identifying and planning to achieve specific personal objectives	Assertiveness	knowing what you want, openly expressing your wants, and negotiating with others while respecting their rights
Initiative	acting independently and proactively	Conflict Management	the process of resolving the underlying factors that resulted in a dispute between individuals
Integrity	acting with honesty and in accordance with your beliefs and values	Empathy	understanding the feelings of others
Perseverance	showing grit to accomplish goals in the face of challenges	Leadership	guiding or influencing others in achieving a common goal
Self-Awareness	knowing your strengths, preferences, needs, and interests, and how others perceive you	Networking	building and utilizing ties to other people to obtain information and access resources
Self-Care	sufficiently caring for your personal needs	Nonverbal Communication	effectively conveying messages or ideas through physical cues such as facial expressions, gestures, and tone of voice
Self-Efficacy	confidence in your ability to achieve a goal or task	Verbal Communication	effectively conveying messages or ideas through speech, sign, or augmentative aids
Self-Regulation	controlling and monitoring your thoughts and actions	Social Awareness	practicing the basic rules of social conduct; depending upon context
		Teamwork	working collaboratively with others to accomplish a task or goal