

**PHELPS CENTER FOR GIFTED EDUCATION**  
**WINGS 6-8th Grades**  
**Affective Education**  
**Fall 2022**

The goal of Affective Education is to acquire the knowledge and skills to make decisions, work with others, and act as responsible members of society. It focuses on developing **intrapersonal (heart)** and **interpersonal (courage)** competencies. We have based our curriculum on a framework created by researchers from the University of Kansas; more information about the framework can be found at [www.cccframework.org](http://www.cccframework.org). The following schedule is subject to change based on student and class needs. Page 2 holds a list of the vocabulary we will be using throughout the year. It is important to reinforce this vocabulary at home with your child.

<b>Week</b>	<b>Objective</b>
<b>1</b>	<b>Self Regulation-</b> Flex Week, Introduce/remind of CCC wheel, Set classroom norms
<b>2</b>	<b>Self Regulation-</b> How should we act when...? Rules of decorum
<b>3</b>	<b>Goal Setting-</b> Writing a SMART goal for your dream vacation
<b>4</b>	<b>Goal Setting-</b> Strive for five, writing personal goals
<b>5</b>	<b>Goal Setting-</b> Strive for five, illustrating personal goals
<b>6</b>	<b>Self Awareness-</b> Warhol self portraits
<b>7</b>	<b>Self Awareness-</b> Warhol self portraits
<b>8</b>	<b>Self Awareness-</b> Warhol self portraits
<b>9</b>	<b>Social Awareness-</b> Reading the social cues
<b>10</b>	<b>Networking-</b> Courageous business connections
<b>11</b>	<b>Ethics and Integrity-</b> Situational Ethics
<b>12</b>	<b>Empathy-</b> Kiva Project
<b>13</b>	<b>Empathy-</b> Kiva Project
<b>14</b>	<b>Empathy-</b> Kiva Project
<b>15</b>	<b>Self Care-</b> Zentangles and mindful doodling
<b>16</b>	<b>Self Care-</b> Adjusting to break schedules, seasonal issues

Intrapersonal Domain (Me, Myself, and I)		Interpersonal Domain (Myself and Others)	
<i>Competency</i>	<i>Definition</i>	<i>Competency</i>	<i>Definition</i>
<b>Curiosity</b>	showing interest in learning	<b>Adaptability</b>	being flexible with changing circumstances within your environment
<b>Goal Setting</b>	identifying and planning to achieve specific personal objectives	<b>Assertiveness</b>	knowing what you want, openly expressing your wants, and negotiating with others while respecting their rights
<b>Initiative</b>	acting independently and proactively	<b>Conflict Management</b>	the process of resolving the underlying factors that resulted in a dispute between individuals
<b>Integrity</b>	acting with honesty and in accordance with your beliefs and values	<b>Empathy</b>	understanding the feelings of others
<b>Perseverance</b>	showing grit to accomplish goals in the face of challenges	<b>Leadership</b>	guiding or influencing others in achieving a common goal
<b>Self-Awareness</b>	knowing your strengths, preferences, needs, and interests, and how others perceive you	<b>Networking</b>	building and utilizing ties to other people to obtain information and access resources
<b>Self-Care</b>	sufficiently caring for your personal needs	<b>Nonverbal Communication</b>	effectively conveying messages or ideas through physical cues such as facial expressions, gestures, and tone of voice
<b>Self-Efficacy</b>	confidence in your ability to achieve a goal or task	<b>Verbal Communication</b>	effectively conveying messages or ideas through speech, sign, or augmentative aids
<b>Self-Regulation</b>	controlling and monitoring your thoughts and actions	<b>Social Awareness</b>	practicing the basic rules of social conduct; depending upon context
		<b>Teamwork</b>	working collaboratively with others to accomplish a task or goal